



## The Joys of Successful Aging: Living Your Days to the Fullest

By George Sweeting

Moody Press,U.S., United States, 2008. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book. The last years of life can be joyful and fulfilling. But for some, aging is a challenge joy and aging are seldom linked together. Despite the difficulties, Dr. Sweeting has discovered many unexpected joys in his senior years and shares them in this insightful and easy-to-read book for the Builder Generation.



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