



Preliminary Practice for Franz Bardon s Initiation into Hermetics (Paperback)

By Ray del Sole

Lulu.com, United Kingdom, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.For the genuine spiritual seeker: This book deals with the question how you can prepare yourself in the best way for full success on the path to perfection. The preliminary training guide is derived from more than 16 years of spiritual practice in Bardon s system. Table of contents: Basic literature / The right understanding of Bardon s teachings / Additional spiritual literature / The right attitude / Mental clarity / Improvement of will, intuition and divine guidance / Mental training / Soul balancing / Character refinement / Use of prayers / Gymnastics / Physical training / Balanced diet / Tips on the path / And much more.

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