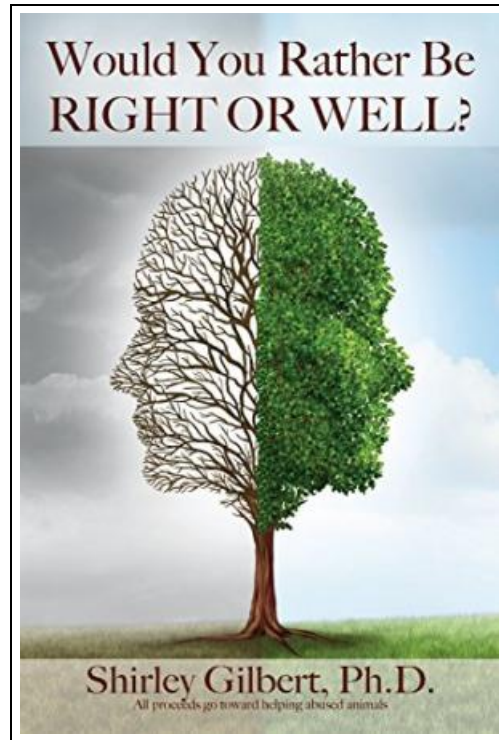


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Outskirts Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.ARE YOU LIVING YOUR BEST LIFE? THE SPIDER STORY . While I recently travelled to another State to visit my son, I was bitten by a brown recluse spider and endured some of the sickest days of my life. As I was treated for and rested for many weeks, I decided to write this book. It felt almost as if it was dictated to me. This is not a feel good self-help book; rather, it addresses the current interpersonal and international crises our planet is facing. It challenges us to look deep within and make an honest, healthy decision about our choices, our values and the life we choose to lead, led by being right or being well, choosing knowledge or wisdom. Dare to read it and get involved in the challenge. All proceeds go toward helping abused animals. Please help yourself by reading the book, and, please help me help the animals. Thank you! Shirley J. Gilbert has four college degrees, including two Ph.D. s, 20 years apart: one in Clinical Psychology and one in Interpersonal Communications. She has been a guest speaker at the FBI Headquarters at Quantico, Va, regarding Columbine High School Tragedy, and made a training tape for California Peace Officers Assn. based on her experiences in helping with the Columbine High School crises. She has worked for several years in several Level 4 prisons, treating mass murderers, serial rapists and pedophiles. She retired in 2007 when an accident at one of the prisons injured her significantly and ended her career. Since that time she has written four previous books, What Are You Pretending Not To Know?, Choose to Win, You Can t Unring the Bell; It is What it Is...



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