



The List: Shout Your Dreams Out Loud to Make Them Come True (Hardback)

By Yuval Abramovitz

Skyhorse Publishing, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. Refreshingly honest, fast-paced, and full of humor, The List is full of practical advice and inspiration that will help you achieve your goals. Already an international bestseller, the book began as a list of 10 things the author wanted to accomplish in 400 days. He posted the list on his blog and asked for help--and within 24 hours was overwhelmed by responses. The key idea is as simple as it is powerful--let others know about your dreams and they will help you achieve them. Why do some people succeed where others fail? What makes some push past their financial hardships while others lag behind? What is holding you back? Yuval Abramovitz provides thought-provoking true stories, tips, insights, and techniques to show readers how to move past roadblocks, ask and receive help, and reach even the loftiest of goals. The List is filled with exercises and prompts for lists that help you make your dreams a reality. The author's journey--from writing his first list in a wheelchair to becoming a well-known author, cultural reporter, actor, and media personality--and the stories of people around the world using...



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